

Composition Lesson Plan

Date: 04.10.2015

Name(s): Tabitha Steger

Age/Grade Level(s): Grade 4

Class Length: 10min

Primary Focus Area(s) (circle all that apply): Force within movement

Student Learning Outcomes (list beginning with, *The student will be able to. . .*):

At the end of the lesson the student will be able to identify forces and their opposites and embody these different forces within their movement. They will also be able to interpret what a different force, other than the original, might be like on a chosen movement

Minnesota Dance Standards:

4.2.1.1.2

Resources Used:

Background music for creative process (then music Magnolia uses for her combination)

- I. Understanding the concept: How do we take a movement and apply a different force to it? (4 minutes)
 - a. 4 movements
 - i. Nonlocomotor
 1. Plié with arms unfolding: What is this naturally? Smooth? Can we make it sharp? Free? Swingly? Strong?
 2. Hug yourself: What is this naturally? Strong? Can we make it light? Shakey? Passive? Bound? Active?
 - ii. Locomotor
 1. Walk and turn over right shoulder: Ask the same questions
 2. Under curve to relevé with arm: Ask the same questions
- II. Applying the Concept: How can we apply what we know with force to a series of movements? (4 minutes)
 - a. What makes it interesting? Many different forces housed in one phrase! Taking the audience by surprise!
 - i. Take a series of 3 movements
 1. Choose what the natural force is
 2. Choose what the opposite force is
 3. Embody both
- III. Performing for the class: Watch each other and take note of the choices yours peers made. What surprised you? (2 minutes)
 - a. Have half the class sit and watch the others then switch
 - i. Perform the natural force of your three movements
 - ii. Perform the opposite force of your three movements

Conclusion:

Students are making their own decisions about the dynamic of the series of movement/their creative work based on the feedback of the instructor. This helps them to understand the wide range of possibilities when choreographing or creating work in order to create something with arch and energy.