

Tabitha Steger

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Education

GYROKINESIS® method

In Progress

Pursuing certification

University of Minnesota

2012-2016

Bachelor of Arts in Dance, technique

courses in composition: Maggie

Bergeron, Scott Rink, Uri Sands, ballet:

Abdo Rodriguez-Sayegh, modern: Toni

Pierce-Sands, Joanie Smith, Scott Rink



Jerusalem Academy of Music and Dance

2015-2016

Alonzo King LINES Ballet Summer Program

2015

Training Residency with Spellbound Contemporary Ballet

2015

TU Summer Dance Intensive

2014

Dance Italia

2013

Saint Paul Conservatory for Performing Artists

2009-2012

Dance Composition

illimitable grain

Two peers creating a piece about the effects of living in an area of tension, tension causes erosion making things newer as they get older (solo)

2016

Prickly pearish forfuckssake

An examination of how traveling to an area of conflict amplifies the affects of cultural shock and homesickness on the mind and body (solo)

2016

Relative Shift

Investigation of relativity within paradigm shifts and the want to stay within one paradigm and one's comfort zones (10 dancers)

2015

Above the Endured

Research of biological parasitic and symbiotic relationships and how they compare to human relationships (2 duets)

2014

It crumbles and you jump

When everything crumbles beneath you, how you take the tools necessary and jump to a new base in order to start building upwards again, the coping and rebuilding of oneself (solo)

2014

Walking on Eggshells

Maneuvering around fragility within a relationship in order to maintain them, keeping composure to prevent the burning of bridges (7 dancers)

2012

Various competitive dances

Multiple solos, trios, small and large groups

2011-2014

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